## AMENDMENTS TO AUSTRALIAN RULES OF RACING:

Cobalt thresholds for plasma and urine Summary: Racing Australia has resolved to lower the cobalt threshold in urine from 200 micro grams per litre of urine ( $\mu g/L$ ) to100  $\mu g/L$  in line with all other major international jurisdictions. In addition, Racing Australia will introduce a cobalt plasma threshold for the first time of 25  $\mu g/L$ . Plasma sampling is a more effective detection of cobalt as plasma cobalt levels remain elevated longer than urine levels after high doses. Effective as from September 1st, 2016

## INDUSTRY NOTICE REVISED URINE and NEW PLASMA THRESHOLDS FOR COBALT

Please be aware that: 1. The urine threshold for cobalt will be lowered from 200 micrograms per litre (μg/L) to 100μg/L with effect from 1st September 2016. 2. A plasma threshold of 25 μg/L will also be implemented from 1st September 2016. The lowered urine cobalt threshold and the introduction of a plasma cobalt threshold provide a significantly more sensitive means of detecting the abuse of cobalt in racing. Therefore trainers are advised: • That a normal racing diet is more than sufficient to meet a horse's nutritional requirements for cobalt and vitamin B12. • That registered injectable cobalt supplements offer no nutritional advantages because incorporation of cobalt into the vitamin B12 molecule occurs within the horse's gut. • To consult with their veterinarians to ensure that their oral supplementation regimen provides only the amount of cobalt necessary to meet the scientifically established nutritional requirements of the horse for cobalt. • To administer only nutritional supplements that are manufactured or marketed by reputable companies and to administer such supplements only at the manufacturer's recommended dose and frequency of administration. • To avoid the simultaneous use of multiple supplements containing cobalt and vitamin B12. • That administering products that are inadequately labelled, that make claims to enhance racing performance or to be 'undetectable', or which are marketed over the internet is extremely unwise. • To comply with the one clear day restriction on the injection of any substance prior to racing.

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## Seven clear day rule for vaccinations Summary:

There is no restriction on how close to race day a vaccine may be given to a horse. Whilst in Queensland, by virtue of QRLR35(3), horses are prohibited from starting in a race, trial or jump-out within seven clear days of Hendra vaccination, no such prohibition occurs for example, in the Northern Rivers region of NSW where a proportion of horses have been vaccinated. Other equine vaccines are also known to produce transient local and systemic reactions following their administration, and a similar prohibition from starting for seven clear days after their administration should be considered. As a vaccinated horse could present OH&S and integrity concerns, it is undesirable to have horses in competition inside seven clear days of such vaccinations. Consequently, Racing Australia has decided that a seven clear day rule be introduced with an additional provision that vaccinations be included in the horse's treatment record. 1. Add AR.64N as follows: "AR.64N. (1) A trainer must not enter or permit a horse that has been vaccinated against, including but not limited to, equine herpesvirus 1 and 4, equine influenza, Hendra virus, strangles or tetanus, to participate in any race, official trial or jump-out during the seven clear days (as defined in AR.1) following midnight on the day the vaccination was administered. (2) A trainer must ensure a record of any administration of a vaccine is included in the trainer's record of treatment for such horse in accordance with the requirements of AR.178(F)(1). (3) Where a horse has been administered a vaccine, or the Stewards reasonably suspect that a horse has been administered a vaccine, during the seven clear days prior to the day of a race, official trial or jump-out, the Stewards may order the withdrawal of the horse from the relevant race, official trial or jump-out. Date of Effect: 1 August, 2016